

# What You Do, Matters

As children grow, how they sit in your car will change. Make sure you use a car seat that fits your child's current size and age.



- **Always** be **consistent** and **wear your seat belt**; driver seat belt use **strongly influences** whether your **child** will **buckle up**
- If your **kids** complain about **wearing** seat belts, **don't negotiate**; don't drive off **until** they **buckle up**
- **Seat belts** and **air bags** work **together** to provide **protection** for vehicle occupants. **Move** children who are riding forward-facing as **far away** as possible from an **active frontal air bag**. **Never** place a **rear-facing** car seat in a **seating** position with an **active frontal air bag**.

Birth 1 2 3 4 5 6 7 8 9 10 11 12 13+

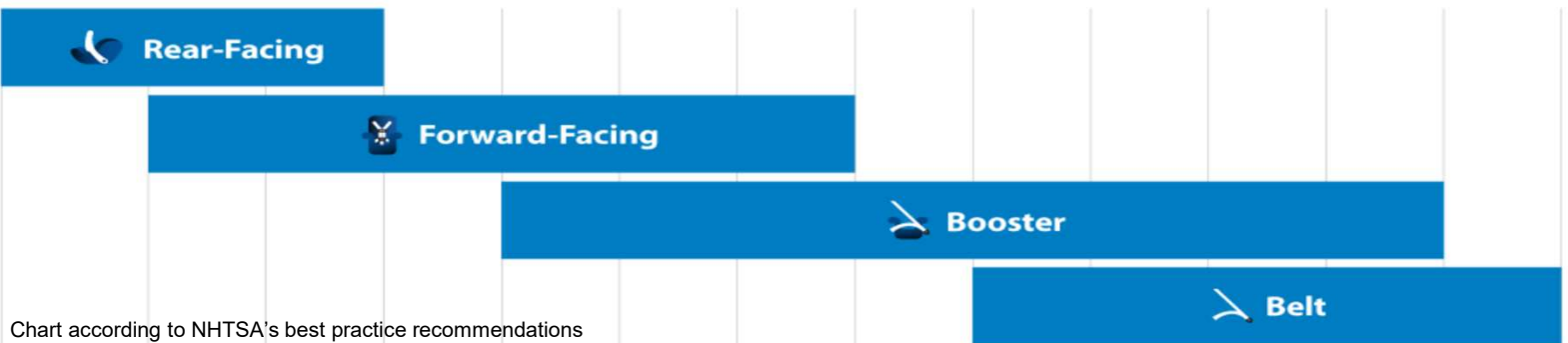


Chart according to NHTSA's best practice recommendations

