



## SUPER BOWL SAFETY




One person dies every 9 hours 6 minutes in a DUI alcohol-related crash, according to TxDOT




Make sure in advance that non-alcoholic drink options are available for those that wish to abstain or are designated as sober drivers.




If you are with a group, agree on a trusted sober driver in the group who will not drink alcohol or use drugs.





Buckle up on every trip and in every seat. Wearing a seat belt reduces the risk of being seriously injured in a crash by about half, according to the CDC



If you have been drinking alcohol and/or using drugs, get a ride home with a driver who has not been drinking or using drugs, use a rideshare service, or call a taxi.



Start with a plan - if you plan to drink alcohol or use drugs, make the choice to not drive.



Follow safe driving practices to arrive home safely.

