Driving in the Dark

- 25% of driving is done at night but, 50% of traffic deaths occur at night, according to the National Safety Council.
- Driving, after losing two hours of sleep, is like driving after drinking three beers.
- Drivers are 3x’s more likely to be in a car crash if they are fatigued, according to NSC.
- When we turn our clocks back, more of us drive to work in the dark and drive home in the dark.
- Fall and winter clothes tend to be darker. This can make it harder to see pedestrians when Daylight Saving Time ends and we are doing more driving in the dark.

Additional safety resources: https://txdrivingconcern.org/posters/